

Asynchronous (Self-Paced) Community Recovery Services (CRS) Orientation Course

<u>Module 1: Overview of CRS and ForwardHealth Updates 2023-10:</u>	1:09:28
Chapter 1 – CRS Overview	9:45
Chapter 2 – CRS Services	6:20
Chapter 3 – CRS Enrollment	6:45
Chapter 4 – CRS Documentation (Periodic Progress Notes)	19:45
Chapter 5 – Critical or Non-Critical Incident Reporting	15:01
Chapter 6 – Provider Training	4:31
Chapter 7 – Quality Assurance Processes	7:21
<u>Module 2: Client Rights and Confidentiality:</u>	6:55
<u>Module 3: Recovery Concepts and Principles:</u>	28:17
Chapter 1—10 Guiding Principles of Recovery	12:12
Chapter 2 – Recovery Oriented Systems of Care	16:05
<u>Module 4: Trauma Informed Practice:</u>	55:19
Chapter 1—Introduction to Trauma Informed Practice	6:02
Chapter 2—Types of Trauma	8:41
Chapter 3—Prevalence of Trauma	4:08
Chapter 4—Impact of Trauma/ACES	17:33
Chapter 5—Impact of Trauma on the Brain	10:05
Chapter 6—Trauma Informed Practice	3:32
Chapter 7—Trauma Informed Systems	5:17
<u>Module 5: Person-Centered Planning:</u>	33:37
Chapter 1—Introduction	3:38
Chapter 2—What is Person-Centered Planning?	8:47
Chapter 3—Key Principles of PCP	15:06
Chapter 4 – Summary	6:06
<u>Module 6: Psychiatric (Psychosocial) Rehabilitation:</u>	58:04
Introduction to Psychiatric Rehabilitation	1:50
Chapter 1 – Recovery-Oriented Care in Community Mental Health	3:42
Chapter 2 – Overview of Psychiatric Rehabilitation	10:41
Chapter 3 – Assessing Specific Areas of Adulting Skills	9:27
Chapter 4 – Psychiatric Rehabilitation in Practice	32:24
<u>Module 7: Engage or Enrage – De-escalation Strategies:</u>	1:44:43
Chapter 1 – What is a Crisis Situation?	16:39
Chapter 2 – The Crisis Volcano	6:57
Chapter 3 – Active Listening	16:51
Chapter 4 – Active Listening Demonstration	4:56
Chapter 5 – Supportive Strategies	17:21
Chapter 6 – Be a SMaRti	16:38

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Chapter 7 – SMarTi Demonstration	8:39
Chapter 8 – Cooling	16:42

Module 8: Mental Health Overview: **1:24:28**

Chapter 1 – Introduction	1:16
Chapter 2 – Schizophrenia	9:55
Chapter 3 – Other Psychotic Disorders	7:12
Chapter 4 – Affective Disorders: Major Depressive Disorder with Psychosis	4:32
Chapter 5 – Affective Disorders: Bipolar Disorders	8:56
Chapter 6 – Anxiety Disorders	18:55
Chapter 7 – Delusional Disorder	5:45
Chapter 8 – Other Diagnoses: BPD and PTSD	10:24
Chapter 9 – Other Disorder: OCD and Hoarding Disorder	10:44
Chapter 10 – Co-Occurring Disorders	5:54
Chapter 11 – Resources	0:55

Module 9: Substance Use Disorders: **53:36**

Chapter 1 – Introduction	2:54
Chapter 2 – Downers: Alcohol	6:16
Chapter 3 – Downers: Opiates	5:10
Chapter 4 – Uppers: Stimulants	10:30
Chapter 5 – All Arounders: Marijuana and Nicotine	12:55
Chapter 6 – SUD and SPMI	15:51

Module 10: Psychopharmacology: **30:27**

Total time: 8:44:56 + Quizzes/Review: 1:15:04 = **Course Total: 10.0 hours**

Agency-Based Orientation is expected to fill the remaining onboarding process.

Recommended additional trainings (available through BHTP at UWGB and DHS):

- *Best Practices in Outreach, Engagement and Safety (self-paced/asynchronous)*
- *Treatment Planning and SMART Goals*
- *Wisconsin DHS – Person-Centered Planning Training via Cornerstone*