

Asynchronous (Self-Paced) Community Support Programs (CSP) Orientation Course

<u>Module 1: DHS 63: Community Support Programs</u>	1:16:32
Chapter 1- Introduction to DHS 63	10:23
Chapter 2- Personnel	36:41
Chapter 3- Admission & Treatment	5:11
Chapter 4 – Assessment, Treatment Planning, and Treatment Services	11:10
Chapter 5 – Client Rights, Confidentiality, Documentation, and Billing	13:07
<u>Module 2: CSP Qualifying Mental Health Diagnoses</u>	1:05:35
Chapter 1 – Introduction	1:18
Chapter 2 – Schizophrenia	9:55
Chapter 3 – Other Psychotic Disorders	7:12
Chapter 4 – Affective Disorders: Major Depressive Disorder with Psychosis	4:32
Chapter 5 – Affective Disorders: Bipolar Disorders	8:56
Chapter 6 – Delusional Disorder	5:45
Chapter 7 – Other Diagnoses: BPD and PTSD	10:24
Chapter 8 – Other Disorder: OCD and Hoarding Disorder	10:44
Chapter 9 – Co-Occurring Disorders	5:54
Chapter 10 – Resources	0:55
<u>Module 3: Substance Use Disorders</u>	53:36
Chapter 1 – Introduction	2:54
Chapter 2 – Downers: Alcohol	6:16
Chapter 3 – Downers: Opiates	5:10
Chapter 4 – Uppers: Stimulants	10:30
Chapter 5 – All Arounders: Marijuana and Nicotine	12:55
Chapter 6 – SUD and SPMI	15:51
<u>Module 4: Psychopharmacology</u>	30:27
Chapter 1 – Psychopharmacology	30:27
<u>Module 5: Psychiatric (Psychosocial) Rehabilitation</u>	58:04
Introduction to Psychiatric Rehabilitation	1:50
Chapter 1 – Recovery-Oriented Care in Community Mental Health	3:42
Chapter 2 – Overview of Psychiatric Rehabilitation	10:41
Chapter 3 – Assessing Specific Areas of Adulting Skills	9:27
Chapter 4 – Psychiatric Rehabilitation in Practice	32:24
<u>Module 6: Introduction to Assertive Community Treatment (ACT)</u>	59:10
Introduction	1:42
Chapter 1 – History of ACT	9:12
Chapter 2 – Who is ACT Designed to Serve?	5:55
Chapter 3 – Core Defining Features of ACT	26:43
Chapter 4 – ACT Research and Program Fidelity	12:38

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<u>Module 7: Treatment Principles</u>	49:12
Chapter 1 – Introduction to Person-Centered Planning (PCP)	7:23
Chapter 2 – What is Person-Centered Planning?	8:47
Chapter 3 – Key Principles of PCP	15:06
Chapter 4 – Summary of PCP	6:06
Chapter 5 – 10 Guiding Principles of Recovery	12:12
<u>Module 8: Engage or Enrage – Crisis De-escalation</u>	1:44:43
Chapter 1 – What is a Crisis Situation?	16:39
Chapter 2 – The Crisis Volcano	6:57
Chapter 3 – Active Listening	16:51
Chapter 4 – Active Listening Demonstration	4:56
Chapter 5 – Supportive Strategies	17:21
Chapter 6 – Be a SMaRti	16:38
Chapter 7 – SMaRti Demonstration	8:39
Chapter 8 – Cooling	16:42
<u>Module 9: Understanding Suicide Risk and Involuntary Care</u>	37:50
Chapter 1 – Suicide Assessment: Introduction	13:36
Chapter 2 – Suicide and Risk Assessment	8:37
Chapter 3 – Voluntary and Involuntary Care	15:37

Total time: 9:15:09 + Quizzes/Review: 45:00 = **Course Total: 10.0 hours**