# NORTHEAST WISCONSIN SUICIDE PREVENTION SUMMIT

# UNITY IN DIVERSITY

# Inclusive Strategies for Suicide Prevention

Join us for a summit developed to increase understanding of suicide, its prevalence and the risk factors for specific populations, featuring keynote Earl Dotson, CEO and Super Bowl Champion. We also welcome special guest Jeffrey Ditzenberger.



### **OUR SUMMIT AT A GLANCE**

Find out more about the Northeast Wisconsin Suicide Prevention Summit.



#### Date & Time

Thursday, May 8, 2025 8:30 a.m.-4:15 p.m.



#### **Format**

Brown County Central Library, Green Bay



#### Cost

\$79 (+\$20 for CE credit) \$49 Students

# **KEYNOTE SPEAKER**

## Earl Dotson

CEO, Super Bowl Champion

### A Broken Man: Learning to Feel After Loss

Earl Dotson regrets not hugging his dad more and wishes he could hug his son, who he lost to suicide, three more times. Dotson hid his struggles with depression and anxiety, feeling broken because mental health wasn't discussed. His Green Bay Packers teammates helped save his life, and now he wants to help others. Dotson couldn't help his son because he couldn't fix himself, but he is now dedicated to providing tools for safe coping and emotional support. Together, we can show the youth that emotions are natural, and therapy is a powerful strength, not a weakness.



# SPECIAL GUEST

### Jeffrey Ditzenberger

Certified Mental Health Coach

#### It's OK to Not be OK

ch white own suicide

Nearly 30 years ago, Ditz survived his own suicide attempt. In 2015, he founded TUGS to promote mental wellness in rural communities. Today, he is a certified mental health life coach and peer specialist in mental health and addiction recovery, and is a qualified Question Persuade Refer (QPR) instructor. He travels throughout the Midwest speaking about mental health and suicide prevention. A Navy veteran and former corn and soybean farmer, he brings a vast array of life and professional experiences to his work.



