

## Assessing and Managing Suicide Risk (AMSR) for Outpatient Settings

8:30am - 4:00pm

AMSR for Outpatient Settings is a one-day training workshop for behavioral health professionals. The 6.5-hour training program is based on the latest research and designed to help participants provide safer suicide care. Health care providers face many challenges when working with patients and clients at risk for suicide. Some patients may not disclose thoughts of suicide, and even when they do, the health care provider must make judgment calls about unpredictable outcomes, often with insufficient or contradictory information. This training will develop the five areas of competency for AMSR:

1. Approaching Your Work
2. Understanding Suicide
3. Gathering Information
4. Formulating Risk
5. Planning and Responding

AMSR's research-informed risk formulation model helps behavioral health professionals feel confident navigating challenging conversations and offers key strategies for providing compassionate care to people at risk for suicide. Joanne Tulachka, an authorized expert AMSR trainer, will teach essential skills through videos, live demonstrations, and paired and written practice.

After training, participants will have:

1. Increased knowledge in the following core competencies: maintaining an effective attitude and approach, collecting accurate assessment information, formulating risk, developing a treatment and services plan, and managing care.
2. Increased willingness, confidence, and clarity in working with individuals at risk for suicide.
3. Increased ability to identify how they can better care for individuals at risk for suicide.

*Trainer: Joanne Tulachka, MA, LPC, CSAC*

Joanne started with Behavioral Health Training Partnership in November 2018 as the Training Coordinator. She obtained her Bachelor's Degree from UW-Stevens Point with a degree in Psychology and her Master's Degree in Community Counseling from Lakeland University. Joanne is a Licensed Professional Counselor and Certified Substance Abuse Counselor in the state of Wisconsin. Prior to working with BHTP, she worked for 18 years in county human services as a Mental Health and AODA Counselor along with being the Crisis Coordinator where she provided direct crisis intervention and worked closely with the court system through Chapter 51. She is also a trained IDP assessor that allows her to complete court ordered assessments for people convicted of operating while intoxicated.

### 6.5 Continuing Education Hours

*The Suicide Prevention Resource Center provides 6.5 continuing education credits from the National Association of Social Workers (NASW), National Board for Certified Counselors (NBCC), American Psychological Association (APA)*

